



**Project Sussex Kids:**  
**The Sussex County Council for Young Children**  
**Prenatal Families Subcommittee Meeting**

**May 13, 2015; 10:00am**

**Project Self-Sufficiency**

- Welcome and Member Introductions: *Inka Adenuga, Committee Chair, PSS/NFP; Donna Laval, Perinatal Mental Health Coordinator at Partnership for Maternal and Child Health; Haley McCracken, PSK: SCCYC, PSS.*
- Program History and Review
  - Reviewed Central Intake for Sussex/Warren
  - PSS single point of entry for Maternal Child Health Service referrals/will work together with SCCYC
  - Central Intake through the Partnership: Home Visitation referrals are mandatory, post partum depression referrals are not mandatory
  - Partnership Celebration held – April 29, 2015; 9am & April 30, 2015; 7pm
- Region Outreach
  - Newton – held meeting with Parental Liaison
  - Montague – continued outreach
  - Hopatcong – planning resource fair for the Fall; attending Safety Town Event
  - Ogdensburg/Franklin – outreach continued
  - Sussex/Wantage – held Father Daughter Dance on 4/24/15
  - Vernon – presented PSK at SCA meetings on 5/4/15
- Objectives
  - Resource Guide
  - Website
  - Facebook Page, Twitter, Blog
  - Information and referral line
  - Grow NJ Kids
  - Parent Leadership Training
- Discussion
  - Mission Statement
  - Family Needs Assessment
    - **Housing**
    - **Access to care due to lack of transportation**

- **Childcare because of payment**
    - **Clothing**
  - Outreach to diverse population
    - **Donna stated that the parents she deals with prefers internet connection**
    - **Both Inka and Donna agreed that text/email is the most efficient way to contact parents.**
    - **Outreach at WIC offices – Nancy Quinn - Supervisor**
      - **80% of pregnant mothers use WIC**
      - **Patients meet with a nutritionist**
      - **Put flyers in waiting room**
      - **Conduct in-service at staff meeting and include info for other counties.**
    - **Community Baby Shower**
    - **Monthly Mommy Party**
    - **Medicaid Offices**
    - **Constant Contact – Free email database to send blast emails to thousands to recipients.**
    - **Planned Parenthood**
    - **Today's Choice**
  - Speakers
    - **Dr. Jerry Kosta – Montclair State University; conducting Keeping Babies in Mind 7 session workshop**
    - **Donna would present to Mommy Party on PPD**
  - Times for meetings
  - Disseminating Information
  - Volunteers for Events
  - Articles/Resources
- **Mother-Women's Conference in Livingston Mon-Wed May 18-20 all day workshop for group facilitating**
- Next Meeting Dates: July, September, November
- **Disseminated upcoming dates flyer to Donna**