

Kids' Mental Health

Gizmo's Pawsome Guide to Mental Health

Wednesday, May 1, 11:00am

Hosted by Project Self-Sufficiency

For Parents & Those Who Work with
Parents of Young Children

How to introduce
children to
mental health
concepts

How to teach
them to take
care of their
feelings,
thoughts, and
actions.



With the NJ4S Mental Health Association



Call 973-940-3500
to Register!



Sponsored by Project Sussex Kids, the Sussex County Council for Young Children. www.projectsussexkids.org



Project Self-Sufficiency, 127 Mill Street, Newton, NJ, 07860—973-940-3500—www.projectselfsufficiency.org